

Accepting the Spectrum

May 2025 Newsletter

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COLLABORATIVE
ABA SERVICES, LLC



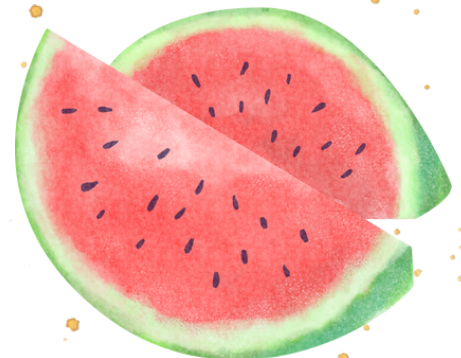
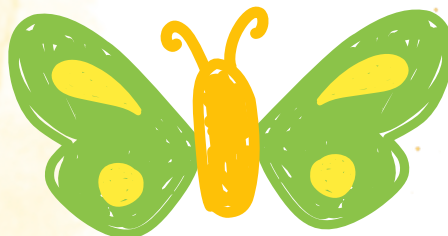
As the school year comes to a close, it's time for both celebration and change. Whether your child is finishing preschool, elementary, middle school – or just another successful year in their current program – we know that transitions can bring excitement *and* stress. At Collaborative ABA Services, LLC, we're here to support your family every step of the way.

Preparing for the end of the year:

Celebrate Accomplishments: Take the time to acknowledge your child's hard work and progress. Even small wins – like increasing independence or learning a new routine – are worth celebrating.

Preserve Routines as much as possible: As the school year wraps up, try to keep daily routines consistent. This will help ease the shift into summer.

Create a countdown calendar: Visual calendars can prepare children for the last day of school, goodbyes to teachers, and possible upcoming summer plans.



Summer transition tips:

Summer can bring looser schedules, new experiences such as camps and vacations, and different expectations. Try to:

Maintain skill practice: Keep using visuals, schedules, reinforcement systems, or other strategies at home. Continue to help your child generalize skills to new environments.

Plan ahead: Introduce new summer routines early. Include activities like morning routines, outings, or camp preparation.

Encourage social skills: Parks, libraries, and playdates are great opportunities to help our children generalize social skills over the summer.



Summer activities to keep the fun going!

Nature walks – great for sensory exploration (touching leaves, listening to birds, etc).

Park scavenger hunt – Use a visual checklist to find swings, benches, flowers, etc.

Water play – Sprinklers, small pools, or water tables for cooling off and sensory input

Picnic with routine practice: Prep, plan, and eat together at a park!

Sidewalk chalk art – encourages creativity and gross motor skills

Sensory bins– fill with rice, sand, water, etc.

Petting zoos and farms – great for interaction, learning about animals, practicing social skills



Agency News

We are happy to share the release of our new CollabTalk Series on Youtube. CollabTalk is a new series about Autism and everything in-between to provide information and resources to the community! Check out our youtube channel at <https://www.youtube.com/@CollaborativeABAServices> or click the youtube button here:



Follow us on our other social media pages!

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<https://www.linkedin.com/company/collaborative-aba-services-llc/>

TikTok

www.tiktok.com/@collaborativeaba



Join us for our Touch a Truck event on June 11th at 2pm!
The event is open to Collaborative family and friends.



Collaborative Merch!

Visit our online Merch store in collaboration with NovelTees.
Profits support small businesses in our community.

<https://novel-tees.printavo.com/merch/collaborative-aba-services>



Lisa's Coaching Center

✨ Autism Meltdowns are hard—for kids and caregivers.

That's why we're sharing The Autism Mom's Meltdown Plan, a free guide from Lisa Candra, aka @TheAutismMomCoach. It's packed with real-life tips to help you stay calm and know exactly what to do and what not to do before, during and after an autism meltdown.

Download it here:

<https://mailchi.mp/theautismmomcoach.com/map>



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